Developing and Maintaining Your Curriculum Vitae Judith Tsui, MD MPH

Division of General Internal Medicine July 29, 2015

#### **Outline of Talk**

#### Generalities:

- Your "life-long" relationship with your CV
- How to grow and maintain your CV over time
- How to use your CV as a "professional growth" experience

#### Specifics:

- Templates for different types of CV
- Organization

### My Qualifications

#### I have a CV!

- and I've used it (more or less) successfully to get a job
- "On the job learner" (aka: I learned from my mistakes)
- Many thanks to Christine Gleason, MD for original slide (adapted)

# Why putting together a CV is stressful

Usually only occurs when we are looking for a new job or promotion

- Conjures up feelings of insecurity/inadequacy
- Fears about incorrect formatting, doing it "wrong"

 Retro-active gathering of documentation/details (dates/locations of presentations, PMCID numbers for publications)

#### General Advice about Your CV

Make friends with your CV It is your life story ■ Curriculum vitae=course of life It is with you to the end Be proud of your accomplishments! Don't wait until a major life event to add to it Continually maintain and update it Make sure it reflects all your productivity/efforts Don't falsify or lie

#### General Advice about Your CV

- Use your CV for your own professional development
  - Does it reflect who/what you want to be?
  - What is it lacking?
  - Use it to set future goals, evaluate priorities
- Don't be afraid to share your CV
  - Have your mentor or others review periodically
- Request and review CV examples from others

#### General Advice about Your CV

- Keep a master copy and specific versions
   Don't delete anything on your master: what seems irrelevant now could become relevant later
  - Make sure you keep track of different versions and clearly date them
- Document everything you do
  - Nothing is too small (resident talk, curriculum development, meeting, etc.)

### Purposes of your CV

- Is a record of your career trajectory
- Informs prospective employers of your qualifications and experience for a position
- Demonstrate your academic achievements for:
  - Division Head/Chair Annual Reviews
  - Appointments and Promotions committees
  - Funding agencies
  - Award committees

#### Inside/Outside CV

"Inside" CV: Institutional format Promotions committees Division/Department reviews Institutional awards/recognition "Outside" CV: Generic format ■ Job searches Application/nomination for national positions/awards

Content and presentation are both important Keep it simple, readable, succinct Avoid long descriptive text Make (and keep) it error-proof Information should be easy to find Don't repeat Don't "pad", but be thorough and complete

#### Curriculum Vitae

#### PERSONAL DATA

Birthdate:March 12, 1953Birthplace:Long Beach, California

#### **CONTACT INFORMATION**

University of Washington, School of Medicine Department of Pediatrics/Division of Neonatology Seattle, WA 98195-6320 Tel (206) 543-3200, Fax (206) 543-8926 e-mail address: cgleason@uw.edu

#### **EDUCATION**

1971-1975B.A.1975-1979M.D.

Brown University University of Rochester

■ Use consistent style, formatting Dates: Chronological order? Reverse chronological? Font: Times Roman; 12 point font; 1 inch margins Headings: Bold, Caps **Bold** your name in bibliography, grants ■ Date last revised—top right hand corner, 1<sup>st</sup> page Header with your name/page number on each page

For your external CV, don't use acronyms
Print a copy regularly; check for irregularities

No heading "orphans" at the bottom of a page!

Update regularly; date last revised on front page

Add new events/items as they happen
Changes in positions/titles

Avoid big blocks of wordy, descriptive text
Split any long lists into subcategories
When sending paper CV, print on one side only (backside might be overlooked when copied)

#### Personal Data

No Social Security number!
DO include citizenship/visa status
No unnecessary information

Marital status, etc.

Contact information (key)

#### **CONTACT INFORMATION**

Charlotte Starr, M.D., Ph.D. Acting Assistant Professor of Pediatrics Adjunct Assistant Professor of Biomedical Informatics Assistant Director, Computer Science Training Program Assistant Lab Manager, Gleason Laboratory University of Washington School of Medicine Department of Pediatrics, Division of Neonatology Health Sciences Building (HSB) Room 526 1959 NE Pacific Street, Box 356320 Seattle, WA 98195-6320 Phone: (206) 543-3200—office; (206) 356-5432—lab; (206) 598-2200—hospital; (206) 892-4483—cell; (425) 888-0013—home

#### **CONTACT INFORMATION**

University of Washington Department of Pediatrics, Box 356320 1959 NE Pacific Street Seattle, WA 98195-6320 Office phone: (206) 543-3200 Cell phone (preferred): (206) 898-4432 E-mail address: cstarr@uw.edu

#### Education

Time to leave high school behind Spell out full name of institutions Make information easy to locate ■ Year(s)----Degree----Institution ■ If currently working on a degree, put the word "candidate" after name of degree and note your expected year of graduation

#### Education

#### EDUCATION

1971-1975B.A.Brown University

1975-1979 M.D. University of Rochester

1990-1992 M.P.H. Harvard University

If foreign degree, note US equivalent

Example:

■MBBS [UK equivalent to MD in US]

#### Postgraduate Training

OK to put internship and residency training together, if done at the same institution
If there's a gap, consider adding an explanation

1988-90: Pediatric Residency (PL 1-2), Case Western
\*1990-91: Solo swim across the Atlantic Ocean
1991-92: Pediatric Residency (PL-3), Case Western

### **Faculty Positions**

#### Include:

Every faculty appointment and rank held
Acting, Instructor, Assistant, etc.
Adjunct or joint appointments
Division or Department administrative roles
Training program director or assistant
Associate Division Head

### **Hospital Positions**

Medical staff positions
Clinical Program direction goes here
Committee membership can go here or under Special Local Responsibilities

#### Honors/Awards

- Leave high school behind
  Explain awards, but avoid excessive verbiage *Perhaps* okay to include non-academic honors/awards, if appropriate and/or noteworthy:
  - 1980: Photographer of the Year, *Life Magazine*1990: Olympic gold medal, US Bobsled team

#### **Board Certification/Licensure**

Spell out certifying Board(s) and be accurate
 American Board of Pediatrics—General Pediatrics
 Include date of certification
 Provide accurate information regarding all medical licenses (including inactive ones)

#### **Professional Organizations**

• Note if membership is *elected*: ■ 1990- Member (Elected) Society of Great Doctors Include offices held: ■ 1990- Member, American Medical Association (President, 1999-2000) Can include non-academic organizations here too, if relevant/appropriate ■ 2005-present. Member, Board of Directors, Gates Foundation

#### National Responsibilities

- Purpose: Highlight your national recognition Physician-Scientists/Scientists Study sections; advisory boards/councils Research society activities (session moderator, etc.) Clinician-Educators Educational or clinical task forces; program director organizations; legislative/policy work
  - Leadership in clinical organizations (e.g. AAP, AHA)

### Local/Regional Responsibilities

University and Hospital Committees (but do not duplicate teaching committees listed under Teaching Responsibilities)
Community Service work (or can be listed under "Other" at end)

# Teaching/Mentoring Responsibilities

Limit descriptive text (Appendix?)
List courses taught or lecture series organized
List any teaching committees & your role
Training program direction
List regional/national teaching roles here
List your trainees here (and current institution)

#### Editorial Responsibilities

- Generally reserved for membership on an Editorial Board but...
- OK to list journal article reviewer:
  Ad Hoc Journal Article Reviewer for:

  New England Journal of Medical
  Journal of the American Medical Association
  Proceedings of the National Academy of Science
  The Lancet

### **Research Funding**

- Be comprehensive and use consistent format:
  Title; project number; your role (PI, co-investigator); source; dates; annual direct costs; %effort
  Include ALL funding, internal and external
  Active
  Inactive
  - Pending

#### **RESEARCH FUNDING**

<u>Active</u> 9/1/11—8/31/16 NIH-NICHD #RO1 "Risk Factors for Acute and Residual Bilirubin Encephalopathy" Richard Wennberg, M.D. PI, **Judith Tsui, M.D. Co-Invest (5%)** 

<u>Annual Direct Costs</u> \$450,000

\$250,000

Pending 7/1/15—6/30/20 NIH-NICHD #T32 "Global Maternal and Newborn Health Research Training Program" Judith Tsui, M.D., PI (10%)

<u>Completed (or Inactive)</u> 9/15/07—8/31/10 NIH NIDA #R21 DA 022573 \$250,000 "Long-term behavioral effects of neonatal pain and morphine treatment in mice" Judith Tsui, M.D., PI (15%)

# Bibliography

Divide into designated sections Manuscripts in Refereed Journals Original Research Editorials, Reviews, etc. Book chapters Published books, videos, software Other publications Manuscripts submitted (do NOT list "in preparation")

# Bibliography

- Number each work within each section
- Use consistent format throughout
- **Bold** your name
- Note/explain shared 1<sup>st</sup>-authorship
- Consider identifying your top 4-5 publications to highlight
- Identify publications with largest impact (cited in guidelines, changed clinical practice, etc.)

#### Bibliography

#### Manuscripts in Peer-Reviewed Journals

- **Tsui JI**, Martin RJ, Anderson JV, Carlos WA, Sanniti K and Fanaroff AA (1983) Optimal position for spinal tap in preterm infants. *Pediatrics* 71: 31-35.
- **Tsui JI** and Rudolph AM (1985) Gluconeogenesis by the fetal sheep liver *in vivo*. *J Develop Physiol* 7: 177-183.
  - **Tsui JI**, Rudolph C, Itskovitz J, Bristow J and Rudolph AM (1985) Lactate uptake by the fetal sheep liver. *J Devel Physiol* 7: 185-194.

#### Abstracts

- Purpose(s):
  - Tells about current work in progress
  - Illustrates your participation at national meetings
    - Can illustrate whether and how you presented the abstract (poster; platform, etc.)
- Consider limiting the number of abstracts
   Recent Abstracts Presented (2005 to present)

#### **Invited Lectures**

- Do use consistent format
  Title; Venue (Conference title; location); Year
  Do not list every talk ever given at lab meetings or to housestaff, medical students, etc. (use discretion)
- Do list local Grand Rounds, research symposiums, regional outreach education talks, national/international lectures

#### Other

Languages (and proficiency level)
Figure of citations of articles
For job searches ("outside CV"), provide separate page of References (3), including contact information and relationship to you

#### **NIH Biosketch**

Required for NIH-type applications ■ K23, R21, R01, etc. **Format** ■ Name (eRA commons), title ■ Education Personal statement Positions/Honors Scientific contributions (New!) Current funding

# Back to: General Advice about Your CV

- Make friends with your CV
- Maintain your CV consistently
- Use your CV for professional development, setting goals
- Ask for feedback on your CV, look to others for examples
  - Segue to small discussions

# Any Questions?

